

Railay Princess Resort & Spa Krabi, Thailand

## BODY SCRUB

#### PRINCESS THAI HERBAL SCRUB

This scrub offers the perfect way to naturally clean and eliminate dead cells that accumulate on the skin's surface. A special blend of fresh Thai herbs leave your skin feeling wonderfully soft and refreshed.

FOOT WASH - HERBAL BODY SCRUB - SHOWER - MILKY LOTION - SKIN MOISTURRIZING

60 Mins 1,190 THB

#### COCONUT BODY SCRUB

Your skin needs to maintain a moisture balance to perform its important functions. This scrub, made from nourishing coconut cream, rice bran, leaves dry skin looking more supple, smooth and soft and feeling refreshed.

FOOT WASH - COCONUT BODY SCRUB - SHOWER - MILKY LOTION - SKIN MOISTURIZING



## BODY SCRUB

#### COFFEE BODY SCRUB

This scrub, made from coffee, yogurt, and honey. This scrub offers the perfect way to naturally clean and eliminate dead cells. leaves dry skin looking smooth, soft and feeling refreshed.

FOOT WASH - COFFEE BODY SCRUB - SHOWER - MILKY LOTION - SKIN MOISTURIZING

60 Mins 1,190 THB

#### AROMA SESAME SALT SCRUB

This stimulating skin - polishing treatment exfoliates and detoxifies. This unique treatment not only purifies and smooths skin texture, but helps stimulate circulation to give your skin a radiant glow.

FOOT WASH - SESAME SALT SCRUB - SHOWER - MILKY LOTION - SKIN MOISTURIZING



## FACIALS MOISTURIZING FACIAL

Uses aromatic plants with low molecular weight for easy absorption by the skin. The affectivity of the moisturizing programme helps protect your skin from external ravages by limiting moisture loss from the epidermis, reviving skin cells and encouraging skin renewal. Suitable for all skin types.

FOOT BATH - CLEANSE, TONE, EXFOLIATING, MASSAGE AND MASK - SKIN MOISTURRIZING

60 Mins 1,190 THB

#### ANTI - AGING FACIAL

Add a little This rich facial treatment will re - hydrate and boost skin cell rejuvenation. Using the benefits provided by herbs and aromatic oils, it stimulates cell growth and maintains moisture and suppleness. Its active ingredients work to smooth and firm the skin, leaving it looking and feeling younger. This treatment reduces fine lines and wrinkles and helps to fight the ill effects of stress on the skin. bit of body text

#### FOOT BATH - CLEANSE, TONE, EXFOLIATING, MASSAGE AND MASK - SKIN MOISTURRIZING



# FACIALS

This facial offers deep cleansing for skin, removing toxins from the surface while making full use of healing ingredients to clear the complexion. Gentle massage movements help soothe irritation caused by sun or shaving, restoring a glowing, confident appearance to one's skin.

FOOT BATH - CLEANSE, TONE, EXFOLIATING SCRUB, MASSAGE AND MASK - SKIN MOISTURRIZING

60 Mins 1,190 THB

#### PRINCESS HERBERS FACIAL

A special indulgence which uses beneficial Thai herbs and freshly blended natural ingredients to help rebalance the skin. This facial provides deep cleansing and exfoliation to remove dirt, make-up and dead cells from the skin's surface. It uses massage movements which also focus on the lymphatic system to relieve tissue congestion even as it stimulates blood circulation.

FOOT BATH - CLEANSE, TONE, EXFOLIATING, MASSAGE AND MASK - SKIN MOISTURRIZING

## FACIALS SUNBURN FACIAL

This facial draws on the cooling and healing effects of aloe vera and cucumber to help restore a youthful glow and luminosity your skin. This is a highly recommended treatment to eliminate signs of redness and sunburn leaving your skin soothed and soft to touch.

FOOT BATH - CLEANSE, TONE, MASSAGE AND MASK -SKIN MOISTURRIZING

60 Mins 1,190 THB

#### SENSITIVE FACIAL

An effective treatment that is extra gentle especially for sensitive skin, this facial is also suitable for skin with inflammation, fragile capillaries or other problems caused by sensitivity. This delicate treatment will soothe your skin and give you fresh radiant look.

FOOT BATH - CLEANSE, TONE, EXFOLIATING , MASSAGE AND MASK - SKIN MOISTURRIZING



## MASSAGE EXPERIENCE

#### AROMATHERAPY MASSAGE

A full body massage uses a blend of individually essential oils to relax the body and mind, smoot and shooting movement will gently full you into a realm of tranquil dreams.

60 MIN/ THB 890 90 MIN/ THB 1,290

#### BALINESS MASSAGE

The traditional Indonesian massage. Based on the healing exoertise of the Baliness people using aromatic oils. The technique uses a mix of acupressure, reflexology and skin rolling to reach belo the superficial muscle layers.

60 MIN/ THB 890 90 MIN/ THB 1,290

#### SWEDISH MASSAGE

This traditional massage is relaxing and therapeutic inspired by traditional swedish massage technique, using a combination of rhythmic strokes a variety movement the include eftleurage, kneading, friction, stretching, tapping. Benefits include the release of tention, stress fatigue, promotes relaxing and creating a sense of well-being.

60 MIN/ THB 890

90 MIN/ THB 1,290



#### MASSAGE EXPERIENCE TRADITIONAL THAI MASSAGE

A traditional Thai Massage helps balance the flow of energy. using deep acupressure techniques to release blocked energy channels. stretching technique to increase flexibility and mobility in your muscles. concentrating on ten meridian lines of your body. This traditional massage is offered fully-clothed and without oil to relieve stress and anxiety help boost inner energy levels and increase your sense of well-being

60 MIN/ THB 790 90 MIN/ THB 1,090

#### FOOT MASSAGE & REFLEXOLOGY

Reflexology is an ancient Egyptian, Chinese and Indian therapy works on various points on the feet that correspond to the body vital organ and system. This ancien healing a holistic treatment with therapeutic benefits

60 MIN/ THB 790



## MASSAGE EXPERIENCE

#### SPORT MASSAGE (DEEP TISSUE)

Sport massage is from of deep tissue massage involving themanipulation of soft tissue to relieve and lightness and increase mobility.

60 MIN/ THB 990 90 MIN/ THB 1,390



## MASSAGE EXPERIENCE

#### HEAD MASSAGE

A head massage feel fabulous in additional to the sensory pleasure it offers. a head massage may ease symptoms of head ache. reduce stress and possibly hair growth too.

60 MIN/ THB 790

#### BACK & NECK & SHOULDER

A Back Massage is any type of massage that is performed on the back of an individual A back massage can provide many benefit. Including reducing tightness, relaxing the back muscle. improving circulation.

60 MIN/ THB 790

#### INDIAN HEAD MASSAGE

A traditional Indian therapy know as "champissage" includes massage of the shoulders. The air of Indian head massage is to release tension in the muscles and joints of the head, face, neck and shoulders also help with relieving fatigue, insomnia, head aches. The experience is deeply calming and relaxing leaving a feeling of increased energy, concentration and revitalation.

#### 60 MIN/ THB 890



## SPA RELAX EXPERIENCE HOT COCONUT OIL MASSAGE

Coconut as a whole plays a very important part in our lives. From leafs to the oil everything has become very useful. Coconut oil can make wonder for your skin. It softens the skin as well as cares it from any damages providing you with a radiant and look young. It helps the skin to avoid liver spots and blemishes caused due to aging a sunlight. By regular use of the oil a soft and supple skin is developed keeping it with the use coconut oil. It bring back the shine and lost charm of skin.

60 MIN/ THB 990 90 MIN/ THB 1,390

#### ALOE VERA BODY MASSAGE (AFTER SUN)

If you get a sunburn enjoying the beach the best treatment to heal your skin ia an Aloe Vera Massage. Aloe Vera is used to treat, soothes sunburns and skin injuries, fading dark spots and stretch marks, soothing skin conditions.

60 MIN/ THB 990

90 MIN/ THB 1,390





SPA

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